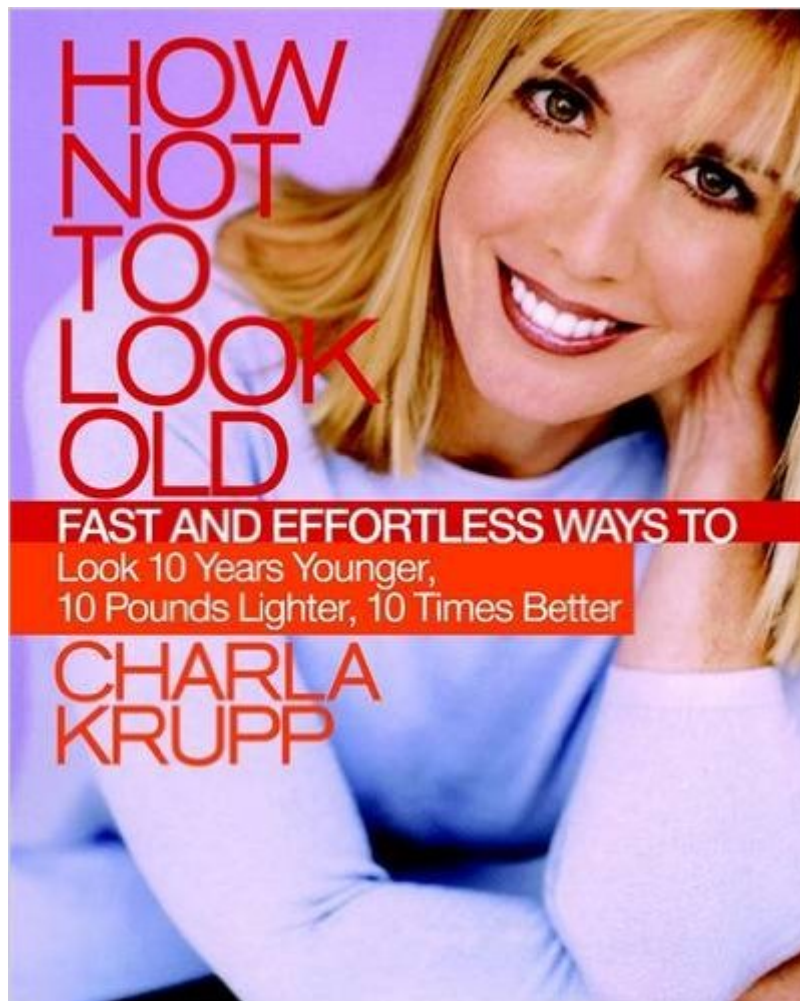


The book was found

How Not To Look Old: Fast And Effortless Ways To Look 10 Years Younger, 10 Pounds Lighter, 10 Times Better



Synopsis

Forget getting older gracefully--This is the beauty and style bible every woman has been waiting for! HOW NOT TO LOOK OLD is the first--ever cheat sheet of to-dos and fast fixes that pay-off big time--all from Charla and her friends, the best hair pros, makeup artists, designers, dermatologists, cosmetic dentists and personal shoppers in the biz. Packed with eye-opening details on hair color, brows, lipstick, wrinkle-erasers, jeans, shapewear, jewelry, heels, and more, the book speaks to every woman: from low maintenance types who don't want to spend a fortune or tons of time on her looks to high maintenance women who believe in looking fabulous at any price. There's also too-old vs. just-right before and after photos, celebrity examples of good and bad style, shopping lists of Charla's brilliant buys in fashion and beauty products, coveted addresses of "Where the top beauty pros go," fun sidebars--and more. Known to national audiences from her ten years on NBC's Today show, style expert Charla Krupp dishes out her secrets in this "ultimate" to-do list for looking hip and fabulous -- no matter what your age.

Book Information

Hardcover: 232 pages

Publisher: Grand Central Life & Style (January 2, 2008)

Language: English

ISBN-10: 0446581143

ISBN-13: 978-0446581141

Product Dimensions: 7.9 x 0.8 x 9.6 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 4.1 out of 5 stars Â Â See all reviews Â (462 customer reviews)

Best Sellers Rank: #235,346 in Books (See Top 100 in Books) #31 in Â Books > Health, Fitness & Dieting > Aging > Beauty, Grooming & Style #200 in Â Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Style & Clothing #21449 in Â Books > Self-Help

Customer Reviews

I am very happy with this book. There are so many useful, smart and once you consider it, obvious ways to improve and most importantly, update your look. I'm a 39-year old brunette and as much as I am determined to age gracefully and above all with dignity, I would also like to continue to possess some style and a certain current hipness. I have read the reviews for this book and was a little surprised by some of the comments. Krupps's recommendation to lighten-up your hair shade after a certain ago is actually good advice. I have seen the results on my sister and it was quite dramatic. I

believe the choice to lighten your entire hair base shade should be made based on the condition of your skin. My sister has fair skin, blue eyes and far more wrinkles than I so the lighter hair very definitely softened her look. Her dark hair shade looked too harsh next to her aging skin. She didn't go blond mind you, only lightened her base shade 2 shades to a copper brown and had a few highlights added around her face. For me, as a dark brunette with a pale olive complexion and brown eyes, I can wait a few more years. Once I'm ready, I'll try some highlighting around the face for softening. Krupp does not advocate everyone going blond as one reviewer remarked. Off the top of my head, immediately useful tips: getting rid of frumpy shaped tops and blouses, anything not tailored. Some I merely tossed while others I tailored myself or had tailored like one of my suits (I took up the skirt hem to just above the knee and had the suit jacket fitted. I tossed all my long ankle skirts which, although easy to wear, do look frumpy even though I'm barely 15 pounds overweight. I tossed out all apparel with any shoulder pads. I tossed all my dark and medium lipsticks (best choice ever).

[Download to continue reading...](#)

How Not to Look Old: Fast and Effortless Ways to Look 10 Years Younger, 10 Pounds Lighter, 10 Times Better Look Younger: A Proven Anti-Aging Guide For Looking 10 Years Younger: Fast And Effortless Anti-aging Tactics Posture, Get It Straight! Look Ten Years Younger, Ten Pounds Thinner and Feel Better Than Ever How Not to Look OLD - 230 Tips and Tricks How to Look Younger for Ladies 40+ Ten Years Younger: The Amazing Ten Week Plan to Look Better, Feel Better, and Turn Back the Clock Younger You: Unlock the Hidden Power of Your Brain to Look and Feel 15 Years Younger Sleep Smarter: The Ultimate Guide To Sleep Better, Feel Better By Having Healthy Sleeping Habits (sleep smarter, sleep better, healthy sleep habits, sleep ... healthy sleep, sleep apnea, feel better) Balance is Power: Improve Your Body's Balance to Perform Better, Live Longer, and Look Younger The DHEA Breakthrough: Look Younger, Live Longer, Feel Better Young For Life: The Easy No-Diet, No-Sweat Plan to Look and Feel 10 Years Younger Turn Back Your Age Clock: Look and Feel 20 Years Younger in Only 8 Weeks Look Younger, Live Longer: Add 25 to 50 Years to Your Life, Naturally The Age Fix: A Leading Plastic Surgeon Reveals How to Really Look 10 Years Younger Naturally Reverse The Aging Process: Look 10 Years Younger Using These Anti Aging Secrets The New York Times Monday Through Friday Easy to Tough Crossword Puzzles: 50 Puzzles from the Pages of The New York Times (New York Times Crossword Puzzles) The New York Times Acrostic Puzzles Volume 9: 50 Challenging Acrostics from the Pages of The New York Times (New York Times Acrostic Crosswords) Style: The Lady's Guide to French Style, Fashion and Beauty- Get Dressed to Look Charm and Elegant (French Chic, Sense of Style, Style, Style

Books, Style ... Dressed, Look Hot, Look Fabulous Book 1) The Old Corps (The Old Corps & No Better Way to Die Book 1) The Daniel Fast: The Ultimate Guide To The Daniel Fast: recipes, Daniel diet, Daniel plan, Daniel fast for beginners, cookbook, vegan diet, vegan plan, prayer, fasting, weight loss Mindful and Mindless Eating: Guided Meditations to Become Lighter with Food

[Dmca](#)